

Package leaflet

Aspecton[®] Throat Lozenges Anise With Iceland moss. For dry cough and hoarseness

Dear Patient,

Please read this leaflet carefully because it contains important information that you should bear in mind when using this product. If you have any questions, please ask your doctor or pharmacist.

What Aspecton[®] Throat Lozenges Anise contain

One lozenge contains 20 mg dry extract from *Cetraria islandica* (7:1).

Other ingredients:

sorbitol, hypromellose, aniseed flavouring, ascorbic acid (vitamin C), xanthan gum, calcium pantothenate, titanium dioxide (E171), polyethylene glycol 6000, magnesium stearate (herbal), peppermint flavouring, talc, sodium cyclamate, saccharin sodium.

When to use Aspecton[®] Throat Lozenges Anise

The lozenges are used for dry cough and hoarseness.

The ingredients of Iceland moss (*Cetraria islandica*) form a protective layer over the mouth and throat lining (mucous membranes). It protects the irritated mucous membranes from external stimuli that would affect its healing, and thereby supports the body's defence system.

The high proportion of mucus-stimulating substances in the Iceland moss extract prevents the mucous membranes from drying out by binding water to their surface. In addition, the lozenges stimulate saliva flow and thereby moisturise the irritated mucous membranes.

When to take care with using Aspecton[®] Throat Lozenges Anise

No special precautions are necessary when using this medicine as intended.

Aspecton[®] Throat Lozenges Anise must not be used in case of hypersensitivity to any of the ingredients. Special care is required in patients with asthma and particularly sensitive airways since individual cases of hypersensitivity reactions to peppermint oil have been reported for this patient group.

The sorbitol contained in the product may have a mild laxative effect if consumed in large amounts. Aspecton[®] Throat Lozenges Anise are not suitable for people suffering from fructose intolerance.

No adequate studies are available on the use of this product during pregnancy and breast-feeding. Aspecton[®] Throat Lozenges Anise should therefore not be used during pregnancy and breast-feeding without consulting a doctor.

Use of lozenges in children is only recommended starting from 4 years of age in order to avoid the child accidentally swallowing the lozenge.

How to use Aspecton[®] Throat Lozenges Anise

Dissolve 1 lozenge slowly in the mouth up to 10 times daily.

Advice for diabetics:

One lozenge contains 0.5 g sorbitol, equivalent to 0.04 bread units.

How long can you use Aspecton[®] Throat Lozenges Anise?

If symptoms persist for more than 3 days, a doctor should be consulted.

What shelf life and storage instructions must be observed?

The expiry date is printed on the carton and blister. Do not use this pack after this date.

Store in a dry place. Do not store above 25 °C.

In which pack sizes are Aspecton[®] Throat Lozenges Anise available?

Packs of 30 lozenges and 60 lozenges.

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Keep out of the sight and reach of children.